

‘Spending NHS Money Wisely’ summary of decisions reached

BHR CCGs needs to make £55 million of local savings in the 2017/18 financial year. Following a public consultation, BHR CCGs have decided to no longer fund some treatments and procedures, as proposed in the recent public consultation. This will come into effect from 10 July 2017. These are:

| Procedures the local NHS will no longer fund | |
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| Procedure | Decision |
| Gluten-free products | GPs to stop prescribing gluten-free products. |
| Medicines for dental conditions | GPs to stop prescribing medicines for dental conditions. |
| Head lice and scabies medicines | GPs to stop prescribing medicines for head lice and scabies. |
| Rubefacient creams and gels | GPs to stop prescribing Rubefacient creams and gels such as ‘Deep Heat’ and ‘Tiger Balm’ |
| Omega-3 and other fish oil supplements | GPs to stop prescribing Omega-3 and other fish oil supplements |
| Multivitamin supplements | GPs to stop prescribing multivitamin supplements |
| Eye vitamin supplements | GPs to stop prescribing eye vitamin supplements |
| Colic remedies for babies | GPs to stop prescribing colic remedies for babies |
| Cough and cold remedies | GPs to stop prescribing cough and cold remedies |
| Painkillers | GPs to stop prescribing painkillers for adults with acute pain Children and those with chronic pain will continue to be prescribed these |
| Soya-based formula milk | GPs to stop prescribing soya-based formula milk. |
| Travel vaccinations | GPs to stop providing the following vaccines free of charge: <ul style="list-style-type: none"> • Hepatitis A and B combined • Hepatitis B • Meningococcal meningitis • Japanese encephalitis • Rabies • Tick-borne encephalitis • Tuberculosis • Yellow fever |
| Face lift and brow lift surgery | Stop funding face lift and brow lifts |
| Breast enlargement | Stop funding breast enlargement surgery. |
| Revising breast enlargement | Stop funding revision of breast enlargement surgery |
| Hyperhidrosis surgery | Stop funding surgery to reduce excessive sweating. |
| Trigger finger surgery | Stop funding surgery for trigger finger |
| Scrotum swellings surgery | Stop funding surgery to treat scrotum swellings |
| Labiaplasty | Stop funding labiaplasty surgery |
| Varicose vein surgery | Stop funding surgery for varicose veins |

Note: Stopping funding certain surgical procedures does not apply to patients who have had major trauma, cancer or severe burns and require this surgery as a result.

| Procedures the local NHS will restrict access to | |
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| Procedure | Decision |
| IVF | Fund one IVF embryo transfer for women aged 23-39 (previous policy was to fund three) Stop funding IVF for women aged 40-41 (previous policy was to fund one embryo transfer) |
| New eligibility criteria for weight loss surgery | Weight loss surgery will only be funded if a person has a body mass index (BMI) of 35 or above and type 2 diabetes |
| Procedures the local NHS will continue to fund | |
| Procedure | Decision |
| Male and female sterilisation | Continue to fund male and female sterilisation. |
| Surgery to the outside of the ear | Continue to fund cosmetic surgery to the outside of the ear. |
| Surgical removal of moles, scars, cysts and birthmarks | Continue to fund cosmetic procedures for surgical removal of moles, scars, cysts and birthmarks. |
| Surgical removal of vascular lesions | Continue to fund cosmetic procedures for surgical removal of vascular lesions. |
| Hair removal | Continue to fund cosmetic procedures for hair removal. |
| Breast reduction | Continue to fund cosmetic procedures for breast reduction. |
| Surgery for 'man boobs' | Continue to fund surgery for 'man boobs'. |
| Tummy tuck surgery | Unable to reach a decision. |

To find out more: www.barkingdagenhamccg.nhs.uk/spending-wisely

www.haveringccg.nhs.uk/spending-wisely

www.redbridgeccg.nhs.uk/spending-wisely

29 June 2017